

Abstract

The present study examined the relationships between borderline personality traits and bulimic features among adolescent girls in Hong Kong. Participants, 1304 female high school students, completed questionnaires assessing borderline personality features, ineffectiveness, bulimia, drive for thinness, and body dissatisfaction. Results showed that bulimia, drive for thinness, and body dissatisfaction were significantly correlated with borderline personality features and ineffectiveness. The group with higher borderline personality features had significantly more bulimic features, drive for thinness, and body dissatisfaction. There were not any strong unique borderline personality features in predicting bulimic features, drive for thinness, and body dissatisfaction. These variables, together, however, contributed a relatively large amount of shared variance. It was suggested that borderline personality features, in combination, might constitute a general vulnerability that led to eating problems.